



# BICKFORD NEWS

Fall- September-December 2010



## UPCOMING EVENTS

National Health Care Food Service Workers' Week

10/04/10-10/10/10

National Boss Day

10/15/10

## FUNDRAISING EVENTS

Haunted Courtyard

12/22/10

Breakfast With Santa

12/04/10

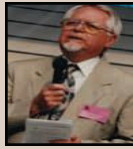


Paul Bobbitt, president of Board of Directors receives prestigious Humanitarian of the Year Award from Connecticut Association of Not for Profit Providers for the Aging (CANPFA)

If anyone would like to volunteer their time for any of the events, please contact the main office at Bickford.

## Bickford Health Care Center's President

### Receives Humanitarian Award



Since 1995 Paul Bobbitt has stood at the center of the life and work at Bickford Health Care Center. He has been the president of the board of directors since the beginning, has volunteered his time to perform the memorial services at the facility (Paul is a United Church of Christ ordained minister) has worked diligently on physical plant improvements and has volunteered for many hours. He has attended the volunteer lunches and the many events held at Bickford, including Breakfast with Santa, Easter Egg Hunt, Haunted Courtyard, Spaghetti dinners to name a few. Often times he is seen with his wife, Tina, visiting with the residents and staff at Bickford.

This year, the 50th Anniversary of CANPFA, the Connecticut Association of Not for Profit Association, has selected Paul Bobbitt as the recipient of their Humanitarian Award. Paul is a humanitarian, in every way he lives his life. His leadership commands respect, the respect he so freely gives to others. His compassion is far reaching to family, friends and strangers. Paul also serves as the chairman of the board of directors for Chariots of Hope, another organization he gives time and service to, on a daily basis. To know Paul is to know a kind, generous person with strong values and a love of the long term care industry.

Prior to working with Bickford Health Care Center, Paul worked with Elderly Housing Management and has known the challenges from the regulatory, financial and legal perspective of the industry. He is a person who knows how much work it takes to get the job done to ensure that our residents, families and neighbors have the opportunity to live a better life.

All of us at Somerset Health Care Management Group and Bickford Health Care Center congratulate Paul Bobbitt on receiving such a well deserved honor, the HUMANITARIAN AWARD!!!

## Administrator's Corner

### FORMER RESIDENT SUBJECT OF WORLDWIDE RESEARCH PROJECT



Henry Molaison, Known as H.M., lived at Bickford Health Care Center in Windsor Locks, CT for over 19 years. He had come here to live anonymously. Having undergone surgery to correct a seizure disorder which resulted in loss of short term memory he became the subject in a worldwide neurological research project. Academics and scientists from all over the world came to visit with Henry and to assess his brain function. Professors from MIT in Cambridge, Massachusetts, McGill University in Montreal, Canada and from UCLA in California headed up the research. Henry's case is in every psychology textbook including those used by graduate students in colleges all over the world. The 'man who couldn't remember' has contributed more to the study of amnesia than any other in the history of neuroscience.

All the while Henry was a resident at Bickford staff worked diligently to protect his anonymity. To our staff he was simply Henry. A man who loved animals, crossword puzzles, and watched All in the Family and old John Wayne movies. All the time he was cared for compassionately and lovingly.

Only after his death did the fact that he had lived at Bickford all those years come to light.

Many worldwide are now interested in the most studied brain in neurological history. Recently reporters came from the U.K. to record programs for BBC radio and television, the grandson of the surgeon, Dr. William Beecher Scoville who performed Henry's operation, wrote an article for Esquire magazine and Dr. Susan Corkin from MIT, the lead researcher, will publish a book on Henry at the end of 2010. These are only a few of the worldwide publications bringing fame to Henry. Even in death his contribution to the study of amnesia is incalculable. He would be so happy to know he is helping others.

The Bickford family fondly remembers Henry and is proud to have been given the opportunity to be his caregivers.

Please visit the website below.

[http://www.bbc.co.uk/iplayer/episode/b00t6zqv/Case\\_Study\\_Series\\_2\\_HM\\_The\\_Man\\_Who\\_Couldnt\\_Remember/](http://www.bbc.co.uk/iplayer/episode/b00t6zqv/Case_Study_Series_2_HM_The_Man_Who_Couldnt_Remember/)

Sincerely,

Duncan C. Hunter  
Administrator, BHCC



**Bickford Family celebrates with Paul**

## Resident Interview

### Florence and Cleto Pincelli



Florence Pincello met Cleto in 1931. Cleto had just moved to South Windsor from Italy. Cleto was fifteen and Florence was thirteen. Cleto spoke only Italian, although he was born in Italy but moved to the United States when he was four years old. Florence was born in Italy but moved to the United States when she was two. The two met at Cleto's uncle's house and the two became friends. Over the next eight years their relationship grew and on June 17th 1939 the Pincelli's

were married. The Pincelli's moved to Windsor Locks immediately after their marriage and both worked at the Dexter Company.

Over the course of their marriage the Pincelli's had two children, a son Thomas and a daughter Marie. Marie is a nurse who lives in the Boston area and Thomas is a Catholic priest in Texas. The Pincelli's have always loved to travel and spent much of their retirement traveling all around the globe. The Pincelli's trips included New Zealand and Australia, Spain and Portugal, Greece, Germany, Alaska and Hawaii. The favorite trips were the trips they took together back to Italy. There they visited with family and friends, visited some of their fa-

vorite spots and explore all that Italy has to offer. Thomas was ordained in Italy after studying there for many years. It was one of Cleto's and Florence's proudest days.

The Pincelli's celebrated their 71st wedding anniversary in June. When asked about the secret to a long and happy marriage, Florence replied "a wonderful husband". Cleto has this advice, "Marriage is give and take. There will always be some misunderstandings, the key is to work together peacefully towards an understanding".

### Word Find

G	R	A	N	D	P	A	R	E	N	T	S	U	L
H	H	C	E	O	V	M	S	S	X	F	M	V	N
S	L	T	J	N	B	O	E	D	R	L	O	I	N
M	N	J	M	E	L	X	I	N	I	O	B	S	B
I	K	D	V	R	O	K	T	E	Q	W	P	I	F
L	P	S	R	D	V	R	I	I	S	E	E	T	Q
E	A	D	E	L	E	R	V	R	D	R	T	O	F
U	R	R	T	I	R	T	I	F	C	S	S	R	A
C	E	A	H	H	A	W	T	T	R	A	P	S	M
M	N	C	G	C	T	U	C	S	G	Q	T	X	I
D	T	D	U	X	M	S	A	I	G	N	Z	W	L
S	S	Z	A	B	X	D	N	S	D	U	E	M	Y
V	W	F	L	W	C	D	S	U	E	R	H	T	F
X	V	J	G	E	Z	W	T	H	W	J	N	D	W

### List

- Visitors
- Grandparents
- Hugs
- Activities
- Laughter
- Cards
- Love
- Children
- Parents
- Family
- Pets
- Flowers
- Smile
- Friends

### WELCOMING COMMITTEE

- |                  |                  |
|------------------|------------------|
| Frances Kowalski | Theresa Sicbaldi |
| Joanna Haugh     | Doris Mattesen   |
| Celia Rutherford |                  |

### NEW EMPLOYEES

- |                      |                   |
|----------------------|-------------------|
| Maridina Bennett—CNA | Debra Malki - RN  |
| Joann Levesque – CNA | Cortora Green– DA |

## Resident of the Quarter

### Anna Tomasz



Anna has been a resident of Bickford Health Care Center since 2009. She takes part in most of the programs available, and says she especially likes to play bingo. When not in

programs she can be found touring the building socializing with others. She also might be found relaxing on the sofa in the lobby. Anna enjoys spending time with her family who drop in frequently. She is a good friend to others, and a special part of our Bickford family.

## From Our Kitchen

### Ossa Buca

**Ingredients:**

Braised Veal shanks  
Diced celery  
Carrots  
Olive Oil  
White wine  
Onions  
2 cups of Crushed tomatoes  
3 cups of Chicken stock  
Polenta

Seep veal shanks in hot olive oil.  
Deglaze pan with white wine.  
Add diced celery, carrots and onions.  
Add 2 cups of chicken stock.  
Simmer until veal is tender.  
Serve over polenta



## Helpful Hints From Stu

### Vinegar Mold Killer - Cleaning recipe

White vinegar kills mold! I fill a spray bottle with 3/4 white vinegar and the rest with water, spray on the icky moldy area and in a few minutes wipe off. It practically melts the mold!



### Make a spray-on carpet stain remover with Vinegar

Fill a spray bottle with one part vinegar and five parts water.

In a second spray bottle, mix five parts water with one part non-sudsy ammonia.

Spray the stain with vinegar solution to saturate it and let it settle, blot with a clean cloth then spray with the ammonia mixture and blot.

Repeat the process until the stain is gone.

## Bickford Employee News

- \* Proud Grandpa to be Arthur Barnes son and daughter in-law are expecting a boy in March.
- \* Tracey Udas, daughter of Gail Udas is engaged to Bill Busch and are planning to wed in the Spring of 2012
- \* Frankie Autin's daughter Alexia Austin will be starting Becker College in January.

## BICKFORD OUTPATIENT

- \* Physical Therapy
- \* Occupational Therapy
- \* Speech Therapy
- \* Fall prevention evaluations

Specializing in therapy for knee & hip replacements, victims of stroke, swallowing disorders, falling & dizziness, injury, and post surgery care.

Please call for a free screening.

860-716-2880

14 Main Street

## In Memory Of...

Rose Oliveira 08/14/2010

Jane King 09/20/2010

### "QUOTABLE QUOTE"

Do not be so quick to judge or label, for one day the objects of ridicule may become what they are ever so used to being seen as, and when this happens it is too late, another soul has fallen to the cruel persecution of today's society and become what they are seen as instead of who they really are. A person, just like everyone else.

-Unknown



## Picnic in the Court Yard & Big "E" Trip 2010



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Bickford Health Care Center is a close knit team of health care providers with a commitment to excellence. Bickford employees are dedicated to making Bickford the most respected and highly recognized long-term care facility in North Central Connecticut.

## Congratulations

## Happy Birthday



The last 6 months \$1,060.00 was raised by Tag Sales, Raffles, Car Wash, and Grinder Sales and Donations.

Thank you

A special thank you to Pat Matt for putting together the beautiful Bickford photo albums in honor of her mother Helen Thorstonson who resides at Bickford. Also our other families for designating Resident Council for Memorial Donations of in memory of their loved ones.

### October:

Joanna Haugh	10/04/1927
Mary Millen	10/25/1914
Helen Thorstenson	10/18/1917
Anna Tomaszek	10/21/1919

### November:

Ruth Langhof	11/27/1932
Stanley Miller	11/11/1914
Jennie Wojnar	11/02/1930

### December:

Dorothy Chiapputo	12/06/1924
Frances Kowalski	12/05/1920
Alice Szwed	12/08/1920
Stanley Szwed	12/23/1919

### A STORM STRIKES:

Remember– it takes at least two things to get through the effects of a severe storm: Preparation and patience. Here are some suggestions:

- \* Check medications that require refrigeration
- \* Put refrigerator and freezer at coldest settings
- \* Get extra ice
- \* Set aside water
- \* Be prepared to cook outside
- \* Stock up on batteries and easy-to-prepare food
- \* Find out where an emergency shelter will be
- \* Unplug sensitive equipment
- \* Fill your car's gas tank
- \* Plan to live without everyday tools that need electricity
- \* Keep a battery-operated radio handy
- \* Prepare a "lights out kit"

